Books by P.M.H. Atwater

Beyond the Light: What Is Death and Who Is God? (Lanser, 2009)

Coming Back to Life: The Aftereffects of the Near-Death Experience (1988, 2007)

The Complete Near-Death Experience (Hampton Roads, 2005)

Future Memory (1996)

Videos by P.M. H.Atwater

Are You Ready Now? Preparing for Near-Death Experiences (Hampton Roads, 2006)

Audio CD's by P.M.H. Atwater

Coming Back to Life: Guided Meditations (Hampton Roads, 2006)

Future Memory (Lanser, 2009)

Booklet by P.M. H. Atwater

Near-Death Experiences: Beyond Science, Beyond Belief (Hampton Roads, 2006)

Research Papers by P.M. H. Atwater

Near-Death Experiences Are Not Hallucinations (1988)

Near-Death Experiences: Beyond Science, Beyond Belief (2006)

Lasting Aftereffects of Near-Death Experiences (2007)

Ebooks by P.M.H. Atwater

Near-Death Experiences: Beyond Science, Beyond Belief (2006)

Lasting Aftereffects of Near-Death Experiences (2007)

Appearances on TV and Radio by P.M. H. Atwater

Interviews on Near-Death Experiences (1988-2009)

Workshops by P.M. H. Atwater

Near-Death Experiences (1988-2009)

Future Memory (1996-2009)

Online Articles by P.M.H. Atwater

Near-Death Experiences (2009)

Future Memory (2009)

Eight Pillars by P.M.H. Atwater

Continued Efforts to Understand Near-Death Experiences

Photo Tribute to P.M.H. Atwater's Mother

Lists of Interest

List of Contemporary Near-Death Experiencers (1986-2009)

List of Deceased Near-Death Experiencers

Related Articles on the Near-Death Experience

The Challenge of September 11

A Memorial - from the pen and heart of

P.M.H. Atwater, L.H.D.

pmhatwater@mindspeak.com

www.pmhatwater.com

Original text for this page: January 2002
Revised for the Web: September 2009
Dedicated to the Near-Death Experiencers (Lanser, 2009)

Dedicated to the memory of those who died on September 11, 2001 and to those who survived to tell the tale. THE CHALLENGE OF SEPTEMBER 11

"Our Ancient Ancestors, with their ancient spirituality, dwelling in a forest, "A great pine forest."

Alberto Villoldo

Table of Contents

Chapter 1 - Introduction
Chapter 2 - The Attack
Chapter 3 - Sand Wave
Chapter 4 - Heroes and the Dead
Chapter 5 - Vortex
Chapter 6 - Visions Afterward
Chapter 7 - Conclusions
Chapter 8 - An Invitation to the Challenge of September 11
End Notes
Consultations and Readings with P.M.H. Atwater

Introduction

Ground Zero, 9/11/01

The first moment of unusual mass transpiration that I noticed occurred on about noon on September 11, 2001. I was driving my car through the Ohio countryside when I felt a sudden, very strong, "pull" on my heart. I had never been at one of the sites of the transcripts. And at all subjects, I knew about them. Yet I felt a very strong "pull" on my heart. I felt it so strong that I had to pull my car over to the side of the road. I had to stop my car because I was crying so hard that I could not see the road. I had never felt such a strong "pull" on my heart before or since. I felt it so strong that I had to stop my car and wait for the feeling to pass, so we simply never reached the site of potential danger on our journey.

I was then bound for a week long journey to Hampton Roads, Virginia, to attend a workshop on Near-Death Experiences. I was to be the keynote speaker. I was to be followed by a panel of Near-Death Experiencers, all of them lawyers. I had with me the sealed transcript sealed into the envelope I was to open at the workshop. I was to read the transcript, and then the panel was to react to it. I had been asked to do this because I had been the first researcher to publish a book on the Near-Death Experience, and I had been the first to publish a book on the Near-Death Experience in a long time, and had by then been the author of three books on the subject. I was, in fact, the only author on the panel who had written a book on the Near-Death Experience in the last decade. I was the only one who had written a book on the Near-Death Experience in the last year.

I felt a strong "pull" on my heart. I felt it strong when I first read the sealed transcript sealed into the envelope I was to open at the workshop. I felt it strong when I read the transcript to the panel. I felt it strong when I read the transcript to the audience. I felt it strong when I read the transcript to the panel of experts

No one knows how vast it is, for all any of us have ever been given are glimpses, mere glimpses of a view so massive that even the greatest among us are at a loss to find words sufficient to the task of portraying what is there.

What decides who goes where? Vibrational resonance.

What decides vibrational resonance? It was shown that it is each person's attitudes, perceptions, and feelings, particularly his or her state of consciousness at death, as well as whatever exists within the deeper reaches of the subconscious. Seldom are any of us aware of this deeper part of our being, and thus, the concepts of "emotion and thought" which "the deciding factor" in what happens to us after we die. To die while in a state of honest, sincere prayer or while supported by the loving prayer of others is the greatest protection anyone can have at "cross-over," and the best way to ready ourselves for such a passage is

The most oft-repeated phrase offered by the thousands of near-death experiences in my research base after they revived is: "Always I knew I lived." That means after death, before birth always life. We do not die when we die. We shift frequencies of vibration, and go some place else.

Explorations at the edge of death have spawned many avenues of study; among them is a field of interest termed "after-death communications" by Bill Guggenheim and Judy Guggenheim. In their book, Hello From Heaven: A New Field of Research Confirms that Life and Love are Eternal, the Guggenheims recounted over 2,000 interviews with those who said they were contacted in some manner by their loved ones after his or her death. Based on their findings, they estimated that at least 50 million Americans or 20% of the population have had one or more experiences with after-death communications. They found these contacts to be credible and not the product of fantasy or illusion.

In this regard, a brief spat was aired on television news not long ago about a young mother of two small daughters who lost her husband in the World Trade Center attack. The story was about copying with loss. The mother noted that sometimes when they are just sitting around talking, one of her daughters will look past her into the air and say "Mr Daddy" and then carry on a conversation with him. Of all the nurses, counselors, and physical therapists I have spoken with in the last 24 years, who work with children injured in the same accident that killed their parents, the majority admitted that the kids physically saw and verbally spoke with their parents on a daily basis and received information from interview cars. All these kids knew all about the accident and that their parents were dead. . . even though no such details were ever communicated to them until much later.

Children can see through the veils of spirit, especially if there is need. Generally they do not lose this ability until embarrassed or made fun of by classmates, teachers, or relatives during the early years of school.

As an aside, those born three months before and during the year following September 11, 2001, carry the "mark" of that tragedy in their energy fields (this can also be seen in their astrological charts). These new arrivals are the ones who initiate our country's 15th generation. The "Millennial Generation," as named by William Strauss and Neil Howe in their seminal book, Generations: The History of America's Future, 1584 to 2069, covers those born between 1982 and 2002, and comprises America's 14th generation. I propose that the 15th be called "The 9-11 Generation." Whether or not your next child or grandchild was actually born during that fateful time period, or later, they are still "marked" in the sense that our country and the world at large has been profound affected by what happened, and to the degree that none of us and no nation will ever be quite the same again.

You know, foreknowledge can prove to be essential in helping to prevent someone from making a serious or fatal mistake. Even if precisely precognitive dreams don't cause drastic actions and the happenstance of snap decisions as if another force were intervening in our behalf.

Considering how many people could have been killed in the 9-11 Emergency, it is nothing short of a miracle that so few were. Judith Werner's apartment is not far from Manhattan. She said: "It is now almost two months since the attack and I still hear stories of people who were near-misses but survived because they were late for work that day. This is such a recurrent story that I find it hard to believe that the mainstream broadcast news the psychic airwaves urging people to be late. And those who heard on some level survived. I and another psychic friend of mine were late that day. We thought that morning."

On a television newscast in December of 2001, a story was told of a girl about 11 or 12 who lived in Washington, D.C. She awoke the morning of September 11th from a bad dream. She begged her father not to go to work that day at the Pentagon because she felt something terrible was going to happen. He went anyway and was one of those who died.

Fate, as I understand it, is fickle. It can be influenced, altered, and shifted around. But destiny is predetermined and cannot be avoided. We can change the impact of destiny, always, by the choices we make and how we respond to what occurs. But the soul remains ever guided by a Greater Plan and a Higher Order. A Power that was "proof" of this, it is in the testimony of those who witness The Other Side of death. Once you have glimpsed eternity, as I have, you never again identify with name, address, status, and social security number.

Chapter 6: Healing Helpers

"When the heart weeps for what it has lost, the soul laughs for what it has found."
~ Suji Aphorism

Terror is "error" (the state of error thinking) with a capital "T." Of all the individuals who have commented on the 9-11 tragedy and America's war on terrorism, I feel Walter Starcke, author of It's All God, has been the clearest and the most succinct. In a nutshell, he put it this way: the enemy is ignorance, the battleground is consciousness, the weapons are ideologies. And, I would add, schools, educational institutions, and nation-building are what will make the difference. Anything short of that is but another "Band-Aid," providing time but not solutions.

Peace is not possible to "achieve." It is an ongoing process of mutual communication and exchange, willingness and work, and the common sense to reconcile differences. We must become peace and live peace before we can understand what peace is.

Dean Radin, whom I identified earlier as one of the scientists heading The Global Consciousness Project (based on 40 continuously running random generators monitored throughout the world to measure patterns of human behavior), wrote an important book titled, The Conscious Universe. In it he states that there does indeed seem to be a global mind, and "that a previously unsuspected cause of global violence and aggression may literally be the chaotic, malevolent thoughts of large numbers of people around the world." What is showing up consistently in the global consciousness measurement studies refer what the Essenes believed before the birth of Jesus over 2,000 years ago. It verifies the belief that events observed in the world around us mirror the prevailing thoughts of beliefs within us.

This is what I saw to be true when I died and experienced the near-death phenomenon. And, this is why Osama bin Laden was so worried about the dreams his and other people were having: they were picking up the details of what was about to occur in their dream states and he was afraid that because of this our government would be forewarned.

The universe is conscious. It is alive.

What each one of us does, what we think and feel and say, matters.

The attack on America has inspired millions of people who would have never otherwise taken such a step, to become personally involved in making a positive difference in helping others.

Judith Werner also observed that: "The wave, the hand you speak about, is still among the living, those who have chosen to answer its call to renewal, or what the Jews call tikkum olam, the healing of this broken world. You can't imagine how strong the wave is until you see the people of New York City going about their ordinary business after such losses. I know one woman who lost 45 neighbors, another who lost her husband, a man whose co-workers were going to six funerals a day. The outpouring of financial generosity for the heroes' families is well known, but I know people who are giving up lucrative jobs to work for non-profit agencies, or even to join those who protect America. With my own ears I have heard prayers for unity out of the mouths of orthodox Christian pastors, Jewish rabbis, and Muslim imams, prayers that would have been impossible on September 10th."

And then there's Ellen Louise Kahne of the New York area who is the founder of The Reiki Peace Network and Reiki University (Reiki is a form of spiritual healing that directly effects the physical and can be taught). Kahne witnessed the tragedy of 9-11 from her apartment building some miles away. Although deeply and personally affected, the deity drama at Ground Zero with rescue workers also troubled her so much so that she named November 24, 2001 as a "Day of Healing for All" and worked with Cross Island YMCA for the space she would need for the project. Her goal was to offer a day of free healing services for rescue workers sorely in need.

Chiropractors, Reiki masters, spiritual healing practitioners, massage therapists, reflexologists, hospice grief counselors, nutritionists, and experts in several types of bodywork/restructuring, answered her call, some coming from great distances. The assemblage of healing helpers served over 76 people during the course of that day, with one of the massage therapists reporting that he gave between 40 to 50 treatments. A policeman," Kahne noted, "was so drained by the constant work schedule, by the lack of days off, that he needed everything our healing tables could provide. And we gave him everything. At the end of the day he looked happy, relaxed, and at peace, as did his wife and two young children who also receiving healing. For anyone who was motivated to contribute a donation for our 'free' services, we provided them with envelopes addressed to the September 11 Fund." Kahne has since organized another "Day of Healing Helpers" consult donations and plans to continue them as an active force for healing whenever there is need.

Another way I have discovered that we can be healing helpers is through the team approach to prayer power in our places of worship. These teams of "healing prayer" consist of volunteers from the congregation who have agreed to come forward to the podium or central space at the close of the ceremonies to serve anyone's needs by praying with him or her as a group. They are not counselors, nor do they practice the "laying on of hands." They, through their commitment to a higher calling, bring the energy of healing to those who are in a friendly voice to the worship of God. In far too many places of worship the structure of ceremony limits personal contact. The individual can feel lost and unimportant in such an atmosphere. The goal of a Healing Helpers Program is to return the art of healing to where it originated. . . at the altar of the Holy of Holies. . . be that in a church or spread across a meadow. (For instructions in how to do this, refer to the article " Healing Helpers" on my website.)

The Friday after the attack I joined the wave. I made my choice to be part of the healing of our country and the world. I chose to add my voice to the voices in that soul wave. They are my heroes and I am humbled by their sacrifice. Anyone can make the same choice I did: simply by deciding to. Through prayer and the courage of intent, we can and we already are making a difference.

While in the soul wave, I was told: "Stand up, dress up, move forward, and be a part of the healing."

I am. And you?

An Update to the Challenge of September 11

"For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind." - II Timothy 1:7, Holy Bible

On June 11, 2005, I stood at the actual site in New York City. Finally, I made it there - physically.

Truly, there are no words to describe where the two towers once stood. It's enough for me to offer this: big holes where the subway once ran, twisted parts of foundation still standing, craters and mounds throughout, broken buildings being repaired. Raw. The whole scene is raw. The ground is silent.

It's that silence. A surprise to me is that no one is there. No ghosts. No disincarnates. No haunt

ings. No echoes of screams for help. No psychic "hangers on." Nothing. The souls are gone. The ground feels heavy but there is no energy there. Just the heaviness.

What is there, all around the place, like a wall or a shield, is pure emotion. Projections from all over the world - the grief and sorrow and rage and fear and anger from each person who has ever visited the site, driven or walked by, thought about it, dreamed of it, even called the site or the event to mind or spoke of it no matter where they lived - all of that is there. You can feel it. Thick in the air. And when you touch the site with your hand, where they have stood, that emotion knifes right through you. I could only take ten minutes of such exposure before I became ill. I had to leave, flee. It took me some time to cleanse away all that horrific emotion that had filled my body and grabbed at my soul.

Once I was free of the trauma, I took a taxi to the Nicholas Roerich Museum at 319 West 107th Street, not far from the Cathedral of St. John the Divine. (If you haven't discovered this small treasure, please do. Phone 212-864-7752 for info.) Roerich's paintings have a mystical and spiritual quality to them that is rare. Although most of his work hangs at the Hermitage in Russia, what exists in New York City is a powerful counter-point to the tragedy of September 11th.

As I basked in the energy of his masterpieces, I reflected on what I had experienced at the site. The souls really are gone from there. I did not sense "the hand" guarding the area, nor did I see it. The shield of projected emotions I encountered is the protector now. The site has quite literally become a receptacle of all that September 11 means to each person, positive or negative, for good or evil. Our collective attitudes and emotions permeate the place. It is we, the living, who keep the site sacred.

And it is us, the living, who use September 11 as a rallying cry or an excuse. - *PMH*

End Notes

Books Mentioned in this Ebook:

Generations: The History of America's Future, 1584 to 2069, William Strauss and Neil Howe. New York, NY, William Morrow, 1991

Hello from Heaven, Bill Guggenheim and Judy Guggenheim. New York, NY; Bantam Books, 1996.

It's All God, Walter Starcke. Boerne, TX; Guadalupe Press, 1998.

The Conscious Universe, Dean Radin. San Francisco, CA; HarperSanFrancisco, 1997.

When You Can Walk on Water, Take the Boat, John Harricharan, New World Publishing, 1994.

References:

Global Consciousness Project.

Access their website at http://noosphere.princeton.edu.

Ellen Louise Kahne/Reiki Peace Network.

Contact her at: P. O. Box 754217, Forest Hills, NY 11375

Phone: 1-877-432-5638; Email: HealNet@aol.com; Website: www.ReikiPeaceNetwork.com.

Photo Credits:

Cover photo courtesy of the Port Authority Public Affairs Department at www.portauthoritypolicememorial.org

Photos by Stan Kantor, Peter O'Malley, Vinnie Kempf, Doris Hoffman, and Joyce Finlayson are courtesy of the Ridgewood Camera Club at www.ridgewoodcameraclub.org

The Intifada photo is courtesy of Spiegel Online at www.spiegel.de

The photo of former President Jimmy Carter, Menachem Begin, and Anwar Sadat is courtesy of Israel Sun at www.israelsun.com.

Consultations and Readings with P.M.H. Atwater

The following services with P.M.H. Atwater are available via **TELEPHONE** or **AUDIOCASSETTE TAPE**:

Rune Casting

P.M.H. Atwater has been a Rune Caster since 1978. Rune casting is for insight into problems, current events in one's life, or trends. Be prepared for surprises as Goddess Runes are unpredictable in what they reveal.

Sessions for the Soul

These sessions are geared toward the clarity of spiritual understanding and grace, intimate and personal. They are above done using rune casting with Goddess Runes to connect with higher levels of truth.

The following services with P.M.H. Atwater are available via **POSTAL MAIL**:

Rune Casting

Generated by your question or concerns, a Rune casting is for insight into problems, current events in one's life, or trends.

Astrology

Specializing in charts on infants and children, relationships between people (such as family members or lovers), and on individuals making major life changes.

Numerology

Emphasis on talents and weaknesses, major cycles, life mission, overall theme to one's life and destiny.

Astro-Numerology

A combination reading from both astrology and numerology charts.

P.M.H. Atwater's Monthly Column

P.M.H. Atwater answers questions submitted to her from subscribers to the free Near-Death Newsletter. If you have a question that you would like to be considered, please e-mail it to: neardeathnewsletter@hotmail.com. To subscribe to the free newsletter, you can do so at this website: http://groups.yahoo.com/group/neardeathnewsletter/. Or you can just send a blank e-mail to this address: neardeathnewsletter-subscribe@yahoogroups.com.

© 2005 P.M.H. Atwater, L.H.D.