

# Near-Death Newsletter

June 1, 2006

Vol. 05 No. 06, Ed. 06



The Near-Death Newsletter is a free monthly newsletter from [www.near-death.com](http://www.near-death.com). The mission of this newsletter is to provide the latest news on the subject of near-death experiences and related phenomena and to promote IANDS (International Association for Near-Death Studies), near-death researchers, experiences, events, and multimedia resources. Although this newsletter is not affiliated with IANDS, the author of this newsletter, Kevin Williams, is a member of IANDS and is dedicated to the IANDS mission. IANDS is the premier organization for near-death research. Membership gives you access to their prestigious [Journal of Near-Death Studies](http://Journal of Near-Death Studies) and [Vital Signs](http://Vital Signs) newsletter. You can join IANDS at their website.

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## (1) News from P.M.H. Atwater



(June 1, 2006) P.M.H. Atwater  
Dr. Atwater is back on tour promoting her latest book, *Beyond the Indigo Children: The New Children and the Coming of the Fifth World*. There will be a delay while she looks over her accumulated e-mail. But she will try to keep up with her correspondence. She is available for consultations, readings, talks, workshops, or her Prayer Chaplaincy service.

- An Incredible Documentary About the New Kids
- Memorial to Dr. William G. Reimer
- Schedule: April 15 - The Hanover Writers Group, Mechanicsville, VA
- Schedule: April 17-20 - Spiritual Retreat in Missouri, sponsored by IANDS, Mercy Center, St. Louis, MO
- Schedule: May 12-16 - Evanston, Illinois. Meeting of IANDS/Chicago

Ebook Freebies From P.M.H.:  

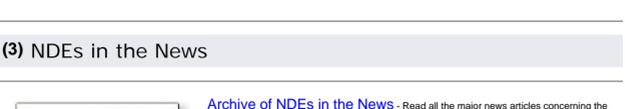
- [Beyond the Indigo Children "Extras"](#)
- ["The Challenge of September 11"](#)
- [Dr. P.M.H. Atwater: Her Contributions to the Understanding of Life and Death](#)

## (2) News from IANDS

(June 1, 2006) IANDS NEWS  
IANDS' mission is to build global understanding of near-death and near-death-like experiences through research, education, and support. IANDS' goals are (1) to encourage thoughtful exploration of all facets of near-death and near-death-like experiences; (2) to provide reliable information about near-death and near-death-like experiences to researchers, caregivers, researchers, educators, and the public; (3) to serve as a contact point and community for people with particular interest in near-death and near-death-like experiences.

- "The Complete Idiot's Guide to the Near-Death Experience" by PMH Atwater, available from IANDS at 40% off sale price (\$9.95) <http://tinyurl.com/kfxsr>
- "Expanded Version of Research Bibliography on CD-ROM" <http://tinyurl.com/z82m8>
- "IANDS Preparing Online Educational Units for Healthcare Professionals on NDEs" <http://tinyurl.com/qg74t>
- 2006 IANDS Annual Conference: "30 Years of Near-Death Experience Research: Integrating the Past, Anticipating the Future" <http://tinyurl.com/kmajj>
- IANDS Online Store: <http://iands.org/shoppingcart/>

## (3) NDEs in the News



[Archive of NDEs in the News](#) - Read all the major news articles concerning the NDE and related phenomena from 1995 to current. This is a permanent archive to ensure that these news articles will always be available on the internet. The Near-Death News section of this Near-Death Newsletter will soon be available in syndication so stay tuned!

- Author's mission at local VA hospitals [http://www.kxly.com/index.php?story\\_id=2681](http://www.kxly.com/index.php?story_id=2681)
- Human Brain Waves Control Robot <http://abcnews.go.com/Technology/wireStory?id=2002824>
- Woman With Perfect Memory Baffles Scientists <http://tinyurl.com/r6c2t>
- "Mind over matter" no longer science fiction <http://www.physorg.com/news69039322.html>
- Signs: gifts from dead? Scientists study question; many bereaved believe <http://deseretnews.com/dn/view/0,1249,640185709,00.html>
- How Lena's Dream Saved Tony's Life <http://tinyurl.com/zeq77>
- Remote viewing: The experiment that was too successful [http://www.alternativescience.com/remote\\_viewing.htm](http://www.alternativescience.com/remote_viewing.htm)
- A National Security Archive Electronic Briefing Book: <http://www.gwu.edu/~nsarchiv/NSAEBB/NSAEBB54/>
- The Scientific and Spiritual Implications of Psychic Abilities [http://www.espresearch.com/espgeneral/doc-AT\\_shtml](http://www.espresearch.com/espgeneral/doc-AT_shtml)

- Woman Hit By Lightning While Praying <http://www.wsbtv.com/news/9293414/detail.html>
- Lightning kills 5 Mexican children in prayer <http://www.msnbc.msn.com/id/12467604/?GT1=7938>
- Woman visiting husband's grave killed by own car <http://www.azcentral.com/offbeat/articles/0501cemetery-death01-ON.html>

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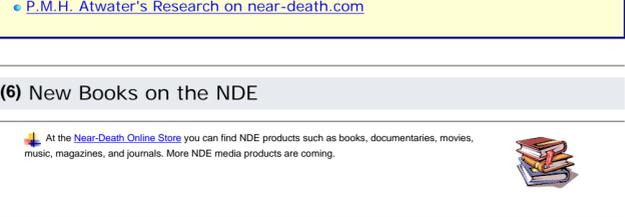
## (4) The NDE-Sleep Study

### Timeline of Biological NDE Explanations

- 1955 - [Temporal Lobe stimulation](#) might explain the NDE.  
Penfield, W. 1955. "The Role of the Temporal Cortex in Certain Psychological Phenomena." *Journal of Mental Science* 101: 451-465.
- 1958 - [Hypercarbia](#) might explain the NDE.  
Meduna, L. J. 1958. "Carbon Dioxide Therapy: A Neurophysiological Treatment of Nervous Disorders." 2nd Ed. Springfield, IL, Charles C. Thomas.
- 1966 - [Ego regression](#) might explain the NDE.  
Prince, R., and Savage, C. 1966. "Mystical States and the Concept of Regression." *Psychic Review*, 8, 59-75.
- 1971 - [Freudian reductionism](#) might explain the NDE.  
Rank, O. 1971. "The Double: A Psychoanalytic Study." Chapel Hill, NC: University of North Carolina Press.
- 1972 - [Life-threatening situations](#) might explain the NDE.  
Noyes, R., and R. Kleitl. 1972. "The Experience of Dying from Falls." *Omega* 3: 45-52.
- 1976 - [Depersonalization](#) might explain the NDE.  
Noyes, R., Jr., and Kleitl, R. 1976a. "Depersonalization in the Face of Life-Threatening Danger: A Description." *Psychiatry*, 39, 19-27.
- 1978 - [Anoxia](#) might explain the NDE.  
Halgren, E., R. D. Walter, D. G. Cherlow, and P. H. Crandall. 1978. "Mental Phenomena Evoked by Electrical Stimulation of the Human Hippocampal Formation and Amygdala." *Brain* 101: 83-117.
- 1978 - [Enkephalin](#) might explain the NDE.  
Frenk, H., B. C. McCarty, and J. C. Liebeskind. 1978. "Different Brain Areas Mediate the Analgesic and Epileptic Properties of Enkephalin." *Science* 200: 335-337.
- 1979 - [Birth-recall models](#) might explain the NDE.  
Sagan, C. 1979. "Broca's Brain: Reflections on the Romance of Science." New York, NY: Random House.
- 1980 - [Psychological response to death](#) might explain the NDE.  
Badham, Paul. 1980. "Death-bed Visions and the Christian Hope." *Theology*, 83, 269-275 (pp.270-271).
- 1981 - [Endorphins](#) might explain the NDE.  
Carr, D. 1981. "Endorphins at the Approach of Death." *Lancet* (February 14): 390.
- 1984 - [Drug-induced hallucinations](#) might explain the NDE.  
Rogo, D. S. 1984. "Ketamine and the Near-Death Experience." *Anabiosis: The Journal of Near-Death Studies*, 4, 87-96.
- 1986 - [Oxygen deprivation](#) might explain the NDE.  
Rogo, D. Scott. 1986. "Life After Death: The Case for Survival of Bodily Death." Wellingborough: Aquarian Press, pp.74-75.
- 1988 - [Cortical disinhibition](#) might explain the NDE.  
Blackmore, S. J., and T. Troscianko. 1988. "The Physiology of the Tunnel." *Journal of Near-Death Studies* 8: 15-28.
- 1989 - [Abnormal temporal lobe firings](#) might explain the NDE.  
Saavedra-Aguilar, J. C., and J. S. Gomez-Jeria. 1989. "A Neurobiological Model for Near-Death Experiences." *Journal of Near-Death Studies* 7: 205-222.
- 1989 - [The serotonin model](#) might explain the NDE.  
Morse, M. L. et al. 1989. Comments on "A Neurobiological Model for Near-Death Experiences." *Journal of Near-Death Studies*, 7, 223-228.
- 1990 - [Anoxia](#) might explain the NDE.  
Whinnery, J. E. 1990. "Acceleration-Induced Loss of Consciousness: A Review of 500 Episodes." *Archives of Neurology* 47: 764-776.
- 1992 - [Neuroplasticity](#) might explain the NDE.  
Mauro, J. 1992. "Bright Lights, Big Mystery." *Psychology Today*, July 1992.
- 1992 - [Neurological/chemical response](#) might explain the NDE.  
Smythies, J. R. 1992. "On the Dying Brain Hypothesis of NDEs." *Psi Researcher*, 7: 2-3 (p.2).
- 1993 - [The experience of selflessness](#) might explain the NDE.  
Blackmore, S. J. 1993. "Dying to Live: Science and the Near-Death Experience." London: Grafton.
- 1993 - [Non-epileptic seizures](#) might explain the NDE.  
Appleton, R. E. 1993. "Reflex Anoxic Seizures." *British Medical Journal* 307: 214-215.
- 1994 - [Hyperventilation followed by valsalva maneuver](#) might explain the NDE.  
Lempert, T., Bauer, M., Schmidt, D. 1994. "Syncope and Near-Death Experience." *Lancet*; 344:829-830.
- 1995 - [The memory of birth](#) might explain the NDE.  
Sagan, C. 1995. "The Demon-Haunted World: Science as a Candle in the Dark." New York: Random House.
- 1997 - [The ketamine model](#) might explain the NDE.  
Jansen, K. L. R., 1997. "The Ketamine Model of the Near-Death Experience: A Central Role for the N-Methyl-D-Aspartate Receptor." *Journal of Near-Death Studies*, 16, 5-26.
- 1997 - [Hallucinations](#) might explain the NDE.  
Blackmore, S. 1991. "Near-Death Experiences: In or Out of the Body?" *Skeptical Inquirer*, 16, pp. 34-45
- 1997 - [Limbic lobe dysfunction](#) might explain the NDE.  
Guevara, Patricia and Sotelo, Julio. 1997. Letter: "Could Endorphins Participate in the Limbic Pathways Responsible for NDEs After Acute Cerebral Hypoxia?" *Journal of Near-Death Studies*, 15(3):225-226 (Spring).
- 1998 - [Darwin's theory of evolution](#) might explain the NDE.  
Murphy, M. 1998. "On Evolution and Transformative Practice." In Rothberg, D. and Kelley, S. (eds.) *Ken Wilber in Dialogue*. Wheaton, IL: Quest.
- 2001 - [DMT-induced hallucinations](#) might explain the NDE.  
Strassman, R. 2001. "DMT: The Spirit Molecule: A Doctor's Revolutionary Research into the Biology of Near-Death and Mystical Experiences." Rochester, VT: Park Street Press.
- 2002 - [Shamanic experiences](#) might explain the NDE.  
Pinchbeck, D. 2002. "Breaking Open the Head: A Psychedelic Journey into the Heart of Contemporary Shamanism." Broadway Books.
- 2004 - The [neurotransmitter agmatine](#) might explain the NDE.  
Thomas, S. 2004. "Agmatine and Near-Death Experiences." Online article.
- 2004 - [Temporal lobe epilepsy](#) might explain the NDE.  
Britton, W. B., Bootzin, R. R. 2004. "Near-Death Experiences and the Temporal Lobe." *Psychological Science*.
- 2005 - [The compression of the optic nerve](#) might explain the NDE.  
Woerlee, G. M., 2005. "Mental Mirages: The Biology of Near-Death Experiences." Amherst, NY: Prometheus Books, 2005.
- 2006 - [REM intrusion](#) might explain the NDE.  
Nelson, Matthew, Lee, Schmitt. 2006. "Does the Arousal System Contribute to Near Death Experience? *Neurology* 2006; 66:1033-1039.
- 2011 - No matter what [Body problem](#) it is, [the mind will transcend](#) it.  
Noble, Price, Whinnery, 2011. "Ignoring The Dead Body and Focusing on the Quantum Mind Instead." Vol. 1: BR549 [No Brainer Journal](#).

## (5) Q and A with P.M.H. Atwater, L.H.D.

An in-depth look at the near-death phenomenon



In this section of the newsletter, P.M.H. Atwater, will answer questions submitted to her from subscribers to this newsletter. Atwater's contribution to near-death studies is considered to be one of the most important as her first two books, *Beyond the Light* and *Coming Back to Life*, are considered to be the "Bibles" of the NDE by researchers and enthusiasts. If you have a question that you would like her to answer for this column, just email your question to Kevin Williams at [webmaster@near-death.com](mailto:webmaster@near-death.com) for consideration.

## Links of Interest:

- [P.M.H. Atwater's Column Archives](#)
- [Download this Month's Column by P.M.H. as a PDF Ebook](#)
- [The Official Site of P.M.H. Atwater: www.pmhatwater.com](#)
- [P.M.H. Atwater's Marketplace](#) (a public service)
- [P.M.H. Atwater's Research on near-death.com](#)

## (6) New Books on the NDE

At the [Near-Death Online Store](#) you can find NDE products such as books, documentaries, movies, music, magazines, and journals. More NDE media products are coming.

## (7) IANDS in the Spotlight

IANDS Annual Conference Presentations  
(available formats: CD-ROM, audio cassette, and downloadable MP3s)

- 2006 IANDS Annual Conference : <http://iands.org/conference/index.php>
- 2005 IANDS Annual Conference : [http://iands.org/conference/2005\\_VAbeach\\_conf.html](http://iands.org/conference/2005_VAbeach_conf.html)
- 2004 IANDS Annual Conference : [http://iands.org/conference/2004\\_chicago\\_conf.html](http://iands.org/conference/2004_chicago_conf.html)
- 2003 IANDS Annual Conference : [http://iands.org/conference/2003\\_honolulu\\_conf.html](http://iands.org/conference/2003_honolulu_conf.html)
- 2002 IANDS Annual Conference : [not available](#)
- 2001 IANDS Annual Conference : [http://iands.org/conference/2001\\_seattle\\_conf.html](http://iands.org/conference/2001_seattle_conf.html)
- 2000 IANDS Annual Conference : [http://iands.org/conference/2000\\_philadelphia\\_conf.html](http://iands.org/conference/2000_philadelphia_conf.html)
- 1999 IANDS Annual Conference : [http://iands.org/conference/1999\\_vancouver\\_conf.html](http://iands.org/conference/1999_vancouver_conf.html)
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- IANDS Comprehensive NDE Bibliography: <http://iands.org/bibcd.html>
- IANDS Selected NDE Bibliography: <http://iands.org/bib.html>
- Free NDE Brochures (PDFs): <http://iands.org/brochures.html>
- The Journal of NDE Studies: <http://iands.org/pubs/jnds/index.php>
- Vital Signs Newsletter: <http://www.iands.org/pubs/vs/index.php>
- The Complete Idiots Guide to NDEs: <http://iands.org/bib.html#ig>

## (8) Odds and Ends

- The email version of this newsletter is hosted by Yahoo Groups. You can visit the [home page for the email version of this newsletter](#) at Yahoo Groups for more information about your subscription. If you would like to receive this newsletter via email, just fill out the form below.
- Feel free to spread the word and share this newsletter with others.
- Search the archives for [past issues of the Near-Death Newsletter](#).
- Send your comments to Kevin Williams at: [webmaster@near-death.com](mailto:webmaster@near-death.com).

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"Death is nothing more than a doorway, something you walk through."  
- George Ritchie, M.D.

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Send comments to [Kevin Williams at webmaster@near-death.com](mailto:Kevin Williams at webmaster@near-death.com)  
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## Recommended

### NDE Books

**On Life After Death**  
by Elizabeth Kubler-Ross  
This is the world-famous best-seller by the woman who popularized the field of thanatology as a subject for general social commentary.

**Life After Life**  
by Raymond Moody  
Dr. Moody investigated more than 100 case studies of people who experienced an NDE and in 1975 published this best-seller.

**Mindsight**  
by Kenneth Ring, et al.  
Dr. Ring and associates investigated the astonishing claim that blind persons, including those that blind from birth, can actually "see" during an NDE. They present their findings in scrupulous detail and include fascinating case histories.

**Where God Lives**  
by Melvin Morse  
Dr. Morse presents the scientific evidence of life after death which is being overlooked by skeptics such as the existence of a location in our brains that communicates with God and the universe.

**Light and Death**  
by Michael Sabom  
Dr. Sabom combined scientific research and dramatic narrative in the first book to seriously explore the relationship between the NDE and traditional Christian experience.

**Lessons from the Light**  
by Kenneth Ring, Evelyn Elsaesser Valarino  
An intriguing book that presents outstanding evidence to support the theory that NDEs are an authentic, objective experience, and not the hallucination of a dying brain.

**Blessing in Disguise**  
by Barbara Rommer  
Even the most horrifying NDEs are a spiritual wake-up call that causes the person to stop, look back, and review past choices which makes it the ultimate learning experience.

**My Descent Into Death**  
by Howard Storm  
An atheistic professor dies, goes to hell, is rescued by Jesus, is shown the future, returns to life, then becomes a minister.

**Ordered to Return**  
by George Ritchie  
This is the profound NDE testimony which inspired Raymond Moody to begin his groundbreaking research of the NDE.

**Embraced by the Light**  
by Betty Eadie  
A woman describes one of the most detailed and profound NDE ever documented and becomes a New York Times bestseller.

**When Ego Dies**  
by Diane Corcoran, et al.  
A compilation of NDE and mystical conversion experiences described in their very own words.

**After the Light**  
by Kimberly Clark Sharp  
Kimberly's profound life-changing NDE led her to conclude that death is not to be feared; therefore, a life without fear can be lived to the fullest.

**Love is the Link**  
by Pamela Kirchner  
A seasoned hospice doctor shares her unique experience of near-death and dying in this enlightening and deeply moving book.

**The Truth in the Light**  
by Peter & Elizabeth Fenwick  
One of the world's foremost NDE experts conducted a thorough study of more than 300 NDEs and presents his analysis.

**Journey of Souls**  
by Michael Newton  
A hypnotist regressed clients back to a point in time between past lives -- the time before birth and after death -- to discover what happens after death.

**Hello From Heaven!**  
by Bill & Judy Guggenheim  
This is the "Bible" of the after-death communication (ADC) phenomenon and the groundbreaking study in the field.

**Saved by the Light**  
by Dannon Brinkley, Paul Perry  
Brinkley recounts how his own NDEs brought him before 13 angelic instructors in the "cathedral of knowledge" where he was given visions of the future.

**Closer to the Light**  
by Melvin Morse, Paul Perry  
One of the best books on the NDEs of children by a renowned pediatrician and leader in the field of NDE research.

**The Place We Call Home**  
by Robert Grant  
"This is the handbook we need to help us prepare for the realms to come." - George Ritchie, Jr., M.D., author of Return from Tomorrow

**Nothing Better Than Death**  
by Kevin Williams  
"I lived a billion years more, in my body or yours, there's not a single experience on earth that could ever be as good as being dead. Nothing." - quote from Dr. Dianne Morrissey