

Dr. P.M.H. Atwater:  
Her Contributions  
to the Understanding  
of Life and Death



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Thank you!

## About P.M.H. Atwater, L.H.D.



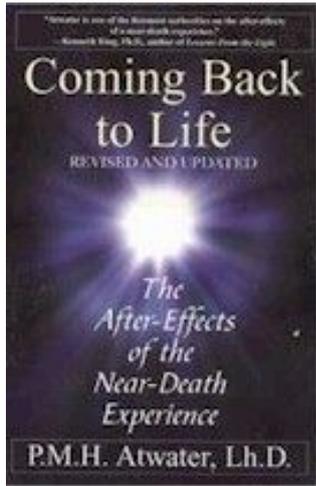
Dr. Atwater is an international authority on near-death states as well as a near-death experiencer. She is one of the original researchers in the field of near-death studies, having begun her work in 1978. Her first two books, [Coming Back to Life](#) and [Beyond the Light](#), are deemed "the bibles" of the near-death experience by thousands of experiencers. Using police investigative techniques as her protocol, she has specialized in original fieldwork that includes sessions with significant others. Some of her findings have now been clinically verified; her work is referenced in the prestigious U.K. medical journal [The Lancet](#) (Dec. 2001) concerning the Dutch Study headed by Pim van Lommel, M.D. She also authored five other books on near-death experiences: [Future Memory](#), [Children of the New Millennium](#), [The Complete Idiot's Guide to Near-Death Experiences](#) (with David Morgan), [The New Children and Near-Death Experiences](#), and her latest book, [We Live Forever: The Real Truth About Death](#) (due for release May 2004). Dr. Atwater has also written two books on rune casting, [The Magical Language of Runes](#) and [Goddess Runes](#) (now out-of-print) and an instruction book and CD/audiocassette tape on Goddess Runes. Five self-published books of hers are currently available for purchase and immediate download from her website at [www.cinemind.com/atwater/](http://www.cinemind.com/atwater/). [As You Die](#), a CD/audiocassette tape of will be released May 2004 by Focus Worldwide. A video interview of Dr. Atwater, entitled [Beyond the Light](#), focuses on her own three near-death experiences. She has spoken twice at the United Nations, appeared on many national television programs, and has traveled extensively around the world. She has served two terms on the Board of the [International Association for Near-Death Studies](#). She has received numerous awards during her life and her writings have appeared in numerous magazines and newspapers. She has been on such television talk shows as Sally Jessy Raphael, Larry King Live, Entertainment Tonight, Regis & Kathy Lee, Geraldo, and The Shirley Show in Canada.



# Coming Back To Life

## The After-Effects of the Near-Death Experience

ISBN: 0806523034 Hardcover - Dodd, Mead & Co., New York City  
Softcover - Citadel Press, New York City  
ISBN: 0345360168 Paperback - Ballantine Books, New York City



[COMING BACK TO LIFE](#) is the first book about the near-death phenomenon to look at all aspects of both the experience and its aftereffects - including the hellish experience, suicides, possible changes in brain structure and chemistry because of what happened, plus how the phenomenon really affects those who experience it - and compares all of this to what a person goes through after a transformation of consciousness, no matter how caused. The tone is up front and personal. The story of the author's three near-death experiences is covered in Chapter Two, as a way of setting the stage for this controversial investigation. Extensive Resource Section.

Author Note: My research of near-death states began in 1978, one year after my own episodes, and continues today.

I was trained in research by my police-officer father, and conduct my investigations accordingly, cross-checking my findings at least three times before I publish anything. Most of my material is based on on-the-spot interviews, observation and analysis - all of it original. My preliminary findings were published in a column I wrote for "Vital Signs" Magazine, then a publication of the International Association for Near-Death Studies, beginning in 1981. "Coming Back to Life" is an outgrowth of those early columns.

### Reviews of "Coming Back to Life":

"Anyone interested in the personality changes which affect persons with an NDE, and this includes relatives and friends of such persons, will find this very interesting reading ... compelling." - [Raymond A. Moody, Jr., M.D.](#)

"An extraordinary piece of work ... There is nothing to equal it anywhere in the literature for sheer abundance of information, sensitivity, and readability. Atwater is one of the foremost authorities on the aftereffects of a near-death experience." - [Kenneth Ring, Ph.D.](#)

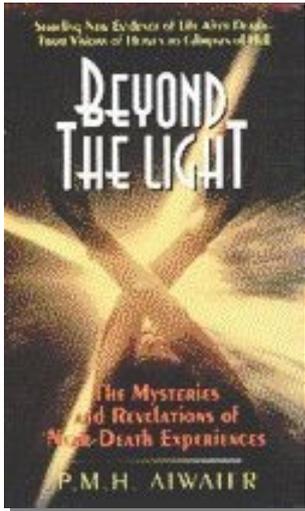
"This book gripped me more than any other book I've picked up in the last 10 years. It talks about the changes we are moving into and helps us understand some of the things we will be moving through. It's a book of reality and a book of hope." - [Marzenda Stiles McComb](#)

# Beyond the Light

## The Mysteries and Revelations of Near-Death Experiences

ISBN: 1-55972-229-0 Hardback - Birch Lane Press, New York City

ISBN: 0-380-72540-1 Paperback - Avon Books, New York City



[BEYOND THE LIGHT](#) enlarges and expands the entire field of near-death studies, introducing the most in-depth investigation yet of the far-reaching impact and surprising dynamics of near-death states. Comprehensive, it is based on over 3,000 interviews with near-death survivors over a sixteen-year period. Adults and children are covered, 20% from the black race, many foreign countries represented. Revealed are the four types of near-death experiences along with a basic profile of who tends to have which type, investigations of near-death-like episodes and other anomalies, the full range of psychological and physiological aftereffects, "the light" of enlightenment, revelations that near-death survivors bring back from the other side of death's curtain, plus a host of startling new material on topics like electrical sensitivity, black angels, and brain shift. Protocol for nurses, emergency crews, and health-care providers who suspect their patient might be

having a near-death experience. Section on Spiritual Emergence / Emergencies, Research Methodologies, and extensive Resource Section.

Author Note: I advance here what I have noticed since beginning my investigations of near-death states in 1978 ... that the near-death experience, along with other types of consciousness transformations, are really a "brain shift." I identify brain shift as a structural, chemical, and functional change that appears to occur in experiencer brains afterward (whether partial or more complete). Implications explored.

### Reviews of "Beyond the Light":

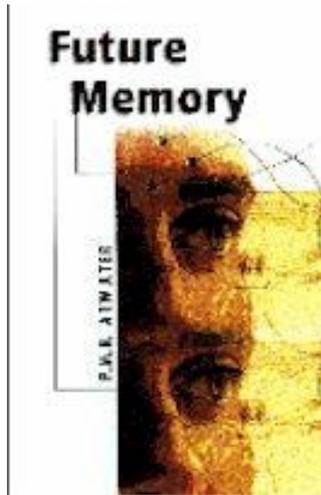
"Atwater's insights and predictions about the nature of the near-death experience came years before the hard medical research that backed them up. She is among this field's best researchers. She skillfully combines science, religion, metaphysics, and her own observations; synthesizing the entire field." - [Melvin Morse, M.D.](#)

"In addition to a number of provocative case histories gleaned from her extensive research into the near-death experience, in her current work, 'Beyond The Light,' P.M.H. Atwater has also provided us with the most complete resource book currently available for those who have become NDE experiencers." - [Brad Steiger](#)

# Future Memory

## How Those Who "See the Future" Shed New Light on the Workings of the Human Mind

ISBN: 1-55972-320-3 Hardcover - Birch Lane Press, New York City  
ISBN: 1571741356 Paperback - Hampton Roads Publishing Company, Inc



[FUTURE MEMORY](#) is about people who "live" the future before it physically manifests, and remember having done so. This pre-living is so totally real and utterly involved that there is no way to tell the difference between present time and future time while the phenomenon is in progress. Sensory rich, "Future Memory" suggests that the future can somehow overlay the present, enabling an individual to "rehearse" or prepare in advance for what is about to happen in life. Mistakenly termed "flash forwards" by some researchers, Atwater shows how future memory differs from other modes of futuristic awareness such as clairvoyance, precognition, and *deja vu*.

[Future Memory](#) stretches the boundaries of what is real and what is not. The inner-workings of creation and consciousness are explored in a spirit of high adventure, along with the big ones: fate and free will, time and space, reality shifts, the higher mind, soul, existence itself, plus revelations about God from Atwater's near-death experiences. Appendices address: differences between altered and transformed consciousness, a conceptual model of space-time relationships, the inner-workings of creation and consciousness via charts, horizontal planes and the number twelve versus "the vertical" and the number thirteen, and the amazing case of Edward de Vere, the seventeenth Earl of Oxford (who probably had several near-death episodes as a child and may indeed be the real Shakespeare). Extensive Resource Section.

### Reviews of "Future Memory":

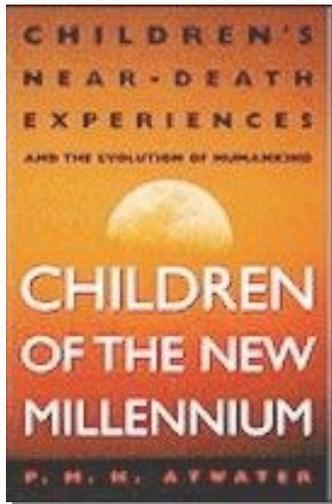
Nobel Prize in Physics nominee Peter Rothschild declares, "Atwater offers us a ... crash course in discovering ... our real identity." - [Magical Blend Magazine](#)

"This is a book whose time is appropriate for the close of the century and for the type of consciousness exploration we are involved in today. As we continue to be receptive to and involved in the unfoldment of quantum physics we see more clearly that consciousness is the foundation of what we know and perceive." - [International Association for Near-Death Studies, Vital Signs Magazine](#)

# Children of the New Millennium

## Children's Near-Death Experiences and the Evolution of Humankind

ISBN: 0609803093 Trade Edition, Three Rivers Press, New York City



In [CHILDREN OF THE NEW MILLENNIUM](#), P.M.H. Atwater, L.H.D., presents the first in-depth look at the near-death experiences of children. Atwater believes these millennial children - who possess heightened sensory and empathic abilities acquired at birth or as a result of the near-death experience - herald the presence of a new race of people on Earth. This groundbreaking book explores how these special children will dramatically impact the human condition by helping humankind rediscover the spiritual truths needed to survive in our radically changing world.

Author's Note: [The New Children and Near-Death Experiences](#) is a remake of this original book, "Children of the New Millennium." It is much larger, same basic format but with new cases and new research never before published. Additional sections cover such material as information about our tiniest near-death experiencers (newborns, infants, and toddlers), evidential memories of past lives, the youngest hellish case yet recorded, and some amazing facts about Albert Einstein. I am very happy about this revised and much larger version of this original book. I know you will be, too. This is a major study of child experiencers of near-states, their episodes, variations, and aftereffects. Also included is material on the millennial generation, those born between 1982 and about 2003, for comparison. Evolutionary factors are explored, especially the concept of "root races" and multi-dimensional children. No matter what your belief system is, or what you've previously read about near-death states, this book will surprise you.

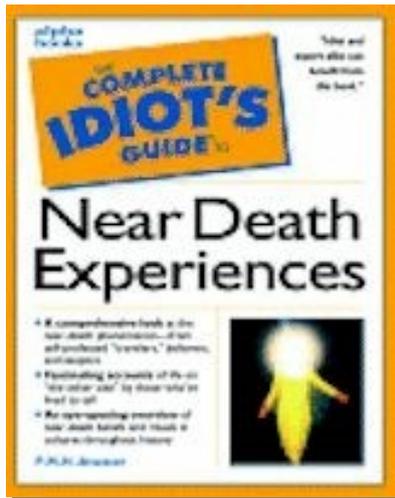
### Reviews of "Children of the New Millennium":

"This book is now the richest, most probing, and most comprehensive work available of NDEs in children, and at that level alone, it is a major contribution to the field of near-death studies. But it is more than that - it is a truly seminal exploration of the possible evolutionary significance of NDEs as we move into a new millennium, and is in my view the capstone of P.M.H. Atwater's distinguished career." - *Kenneth Ring, Ph.D., author of "Lessons from the Light"*

"It surely should rank with Willam James' classic 'Varieties of Religious Experience' if nothing else." - *Joseph Chilton Pearce, author of "Crack in the Cosmic Egg".*

# The Complete Idiot's Guide to Near-Death Experiences

ISBN: 0028632346 Macmillan (Alpha Group), New York City



[THE COMPLETE IDIOT'S GUIDE TO NEAR-DEATH EXPERIENCES](#) explores a topic that receives plenty of talk-show attention, yet seldom gets serious inquiry. In this text you'll get: (1) A fair-minded examination of near-death experiences and beliefs in a range of religions and cultures. (2) Engrossing stories from those who claim that they've been to the beyond - as well as expert assessment of their accounts. (3) Informed advice on what to do if you or someone you love has a near-death experience. (4) A compelling look at the tension between subjective and objective reality, as well as biomedical factors that may partly explain the phenomenon.

Authors Note: "With the help of David Morgan, my goal in writing this book was to create a single source book that contained all information pertinent to the near-death phenomenon - positive/negative, as seen from 360-degrees - new cases, new research, combined in a lively yet respectful style. The 480-page book that resulted has five appendices and is truly comprehensive. There's nothing else like it ... anywhere."

## Reviews of "The Complete Idiot's Guide to Near-Death Experiences":

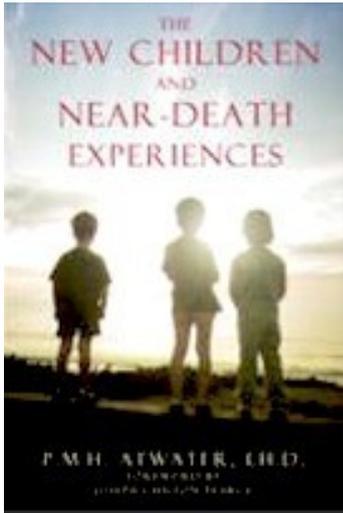
"The Complete Idiot's Guide to Near-Death Experiences," by P.M.H. Atwater, is an excellent book. Written by one of the leading experts in the field, someone who has written articles on the subject for "Venture Inward," her "Idiot's Guide" is considered by reviewers to be perhaps the best and certainly most exhaustive text on the subject of near-death experiences (NDE). Its certainly not what you'd expect from a book for idiots." - [\*Henry Reed, Ph.D., Association of Research and Enlightenment\*](#)

"This is the ultimate compendium on what the research shows thus far on the near-death phenomena. Dr. Atwater's experience, knowledge, wisdom, and love for her fellow spiritual/human beings is transmissible!" - [\*Barbara R. Rommer, M.D. author of "Blessing in Disguise: Another Side of the Near-Death Experience"\*](#)

"The Ultimate NDE Guide. Whether you've had a near death experience or just want to gain a better understanding of what NDEs are all about, you'll be fascinated by 'The Complete Idiots Guide to Near Death Experiences.'" - [\*Cynthia Sue Larson\*](#)

# The New Children and Near-Death Experiences

ISBN: 1591430208 Bear & Company, Rochester, Vermont



## [THE NEW CHILDREN AND NEAR-DEATH EXPERIENCES](#)

is an expansion of the first book ever written that provides - from the view of the child - an in-depth study of children who have experienced the near-death phenomenon and the pattern of physiological and psychological aftereffects which follow. Atwater notes that the child who returns from a near-death experience is not the same child as before, but is a "remodeled, rewired, reconfigured, refined version of the original." Presenting data to support her contention that these children have experienced structural, chemical, and functional changes in the brain, she also shows how their greater empathic abilities as well as dramatically higher intelligence are qualities that are also present in children born since 1982 enhanced abilities that cannot be tied to simple genetics.

Atwater shows that understanding the near-death experiences of children can help us prepare for a quantum leap in the evolution of humanity. Extensive resource suggestions and ideas are included, along with an explanation of the protocol used in arriving at the research in this book.

Authors Note: "The New Children and Near-Death Experiences" is a remake of the original book, [Children of the New Millennium](#). It is much larger, same basic format but with new cases and new research never before published. Additional sections cover such material as information about our tiniest near-death experiencers (newborns, infants, and toddlers), evidential memories of past lives, the youngest hellish case yet recorded, and some amazing facts about Albert Einstein. I am very happy about this revised and much larger version of the original book. I know you will be, too."

## Reviews of "The New Children and Near-Death Experiences":

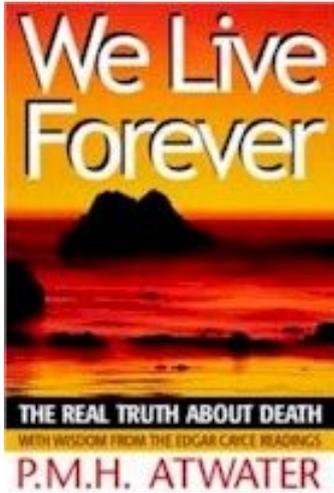
"This book is the richest, most probing, and most comprehensive available on NDEs in children, and a major contribution to the field of near-death studies. It is also a truly seminal exploration of the possible evolutionary significance of NDEs." - *Kenneth Ring, Ph.D., co-author of "Lessons from the Light"*

"Atwater gives us a provocative new perspective on child development and humanity's future." - *Bruce Greyson, M.D., editor of the "Journal of Near-Death Studies"*

# We Live Forever

## The Real Truth About Death

ISBN: 0876044925 A.R.E. Press



### [WE LIVE FOREVER: THE REAL TRUTH ABOUT DEATH](#)

is based on P.M.H. Atwater's 25 years of researching the near-death phenomenon with thousands of experiencers, other personal stories, plus what she herself witnessed on the Inner Planes when she died in 1977. Yes, the author of this book died - three times to be exact. Since those experiences, she has traveled, studied, spoken and written about what happened to her and others when they died. Considered an authority on death, near-death, and the afterlife, Atwater has written a book that gives details and deep insights into what really happens when you die and what it truly means. She also explores such mysteries as heaven and hell, the souls' existence after death, the power of prayer, and delves into the truths and myths about death that may shed new light on the real truth about life and

living.

### Reviews of "We Live Forever: The Real Truth About Death":

"P.M.H. Atwater - the renowned researcher of near-death experiences, future memory, and children of the new millennium - has written her most personal book. This true story is rich in both philosophical insight and in emotional subtlety. It shows us the glorious beauty that lies hidden within even the most terrible tragedies. Perhaps the greatest recommendation I can offer is that this is a book written with care and tenderness by a loving heart." - *Jeffrey Mishlove, Ph.D., host of the "Thinking Allowed" television series, and author of many books*

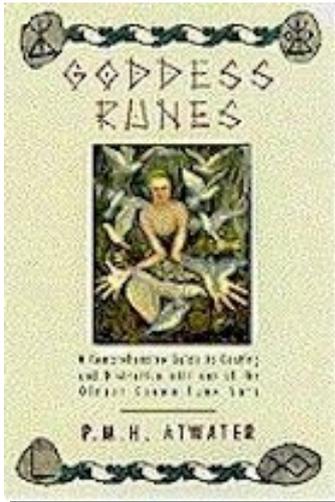
"'We Live Forever: The Real Truth about Death' is conceptually earth shattering in its discoveries about the meaning of life. Dr. Atwater has broken new ground in her quest to understand death and the eternal journey of the soul. Her knowledge of death as well as her advice for the dying and their loved ones is a quantum leap beyond the brilliant pioneer on the subject of death, Elisabeth Kubler-Ross." - *Patrick C. Wells, movie producer of "I Love You To Death" and "Youngblood"*

"The composition of the book is brilliant. The content extremely meaningful. The form in which the story of your life is the thread as the motive and crystallization point, is simple and convincing. It touches deeply because of the truths being revealed, the form being authentic and not lecturing from a level of 'I am right.' ... It is a must for all members of the Society of Transpersonal Psychiatry." - *S. G. Lange, M.D., President, Holland's Society of Transpersonal Psychiatry*

# Goddess Runes

## A Comprehensive Guide to Casting and Divination With One of the Oldest Known Runes Sets

ISBN: 0-380-78292-8 (out of print) Softcover, Avon Books, New York City



[GODDESS RUNES](#) are magic in the way they enable you to glimpse yourself and the living of life from another angle, an angle unfettered and free, filled with love and joy. To learn of them is to become as a child again, rediscovering the true magic of sacredness. All the books currently written on runes are about oracle or yang runes and the masculine approach to rune use. Atwater is the first to write about the elder runes, which are used only for casting and are yin or of the feminine. These "group" runes are cast as a single unit, freely, without the need for either layout or format. Illustrative, they create picture patterns that stir the deepest recesses of our heart-of-hearts. Between 12,000 to 17,000 years ago, in areas around Ukraine and Crimea, there once existed glyphs like these. Although no clear tracking can be done, Atwater does attempt to keep these ancient symbol-

signs in historical perspective ... using them according to The Way of A Cast, a toss technique preserved via oral traditions.

**Note:** "Dr. Atwater is actively pursuing a publisher to bring back GODDESS RUNES. In the meantime, an instruction book and CD/cassette are currently available through her website to help people explore these elder runes and their true magic."

"Goddess Runes" and "The Magical Language of Runes" are both out-of-print but can be purchased online through the out-of-print dealer [AbeBooks](#).

## The Magical Language of Runes

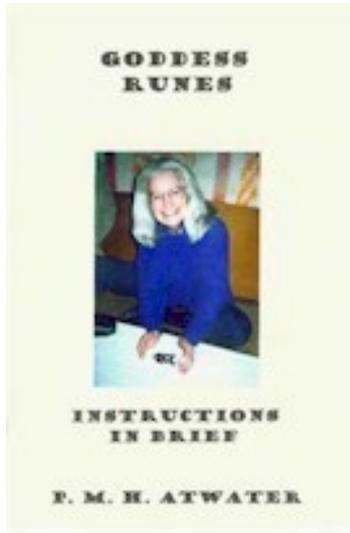
ISBN: 093968070X (out of print) Bear & Co., Santa Fe, NM

### Reviews of "The Magical Language of Runes"

"[THE MAGICAL LANGUAGE OF RUNES](#) brings a practical, down-to earth approach to the ancient practice of divination, using our brothers and sisters of the mineral kingdom. P. M. H. Atwater brings her own experience and her lyrical use of the English language to a subject often made too complicated for a true and deep understanding. I wholeheartedly recommend this book to anyone interested in increasing their understanding of life." - [Wabun Wind](#)

# Goddess Runes

## Instructions In Brief



[GODDESS RUNES: INSTRUCTIONS IN BRIEF](#) is an adaptation of instructions that appear in P.M.H. Atwater's book [Goddess Runes](#).

### Index to "Goddess Runes: Instructions In Brief" booklet

- I. Introduction - A History of the Elder Runes
- II. Runes and their basic meanings
- III. The Way of a Cast Using Goddess Runes
- IV. Preparation for Casting
- V. Setting the Scene for a Cast
- VI. Preparing a Question
- VII. Casting
- VIII. Reading a Cast
- IX. Four Sample Readings

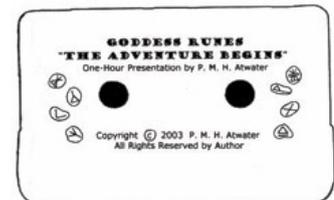
# Goddess Runes

## The Adventure Begins

On Compact Disc or Audiocassette Tape



[GODDESS RUNES: THE ADVENTURE BEGINS](#) is a one-hour audio presentation in either CD format or audiocassette tape created by P.M.H. Atwater to add mood and magic to the sacred play of rune use.

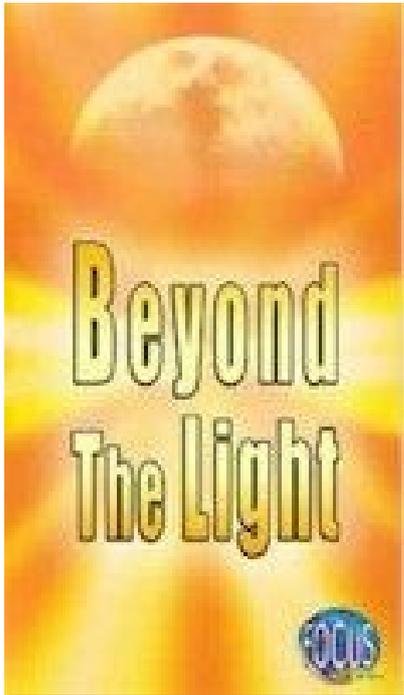


**Side 1** is an introduction to "Goddess Runes" and their deeper meanings, as well as an exploration of how to develop that trust and confidence that can come from the wellspring of inner wisdom present within you.

**Side 2** gently leads you through a shamanic-style visualization that reveals your "Center," that place within your heart-of-hearts that is sacred and holy, your connection to The Source of All Being. Some personal comments come afterward.

# Beyond The Light

A Video Interview of Dr. P.M.H. Atwater



In the video [BEYOND THE LIGHT](#), Dr. P.M.H. Atwater shares her three, life-changing, near-death experiences with FOCUS Host, Mary Lou McCall. Focus Worldwide was started by the Archbishop of New Orleans, Philip Hannan, now retired. The Archbishop, together with TV Host Mary Lou McCall, had made a trip to Medjugorje and both had a mystical experience there that convinced them they must do everything they can to bring the mystical, the spiritual, back into not only into the Catholic Church but religion itself. One of the types of programming they are devoted to is near-death experiences. In this video, you will hear a startling revelation from one who has gone beyond the light. Dr. Atwater underwent a transformation to a higher level of consciousness, returning with a message of unconditional love for mankind.



“Beyond the Light” is available in VHS format videotape only.